## Juarez Population Study Prelinninary Resulis

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## Funded by

Center for Border Health Research Paso del Norte Health Foundation
Mostosoctosy

Bilingual questionnaire was developed by a multidisciplinary team.
Random selection of 500 households using Area Geográfica Estadística Básica (AGEB).

- Number of households per census was weighted based on population
- Interviewers were trained on the use of questionnaire and interviewing techniques
- Interviewers went to the south east corner of the AGEB and walked in a westerly direction, visiting every third house until the number of questionnaires assigned to that tract was achieved.
- Semi structured interviews were performed.
- An adult member of the household with the most recent birthday was interviewed.
- Interviews were conducted between 11 am and 7 pm to include the participation of the entire household and not just the homemakers.
- SAS program was used to analyze data.

$$
\begin{aligned}
& \text { Juarez } \\
& (N=501) \\
& \text { Dernographics }
\end{aligned}
$$

## Gender <br> Female <br> Male <br> Missing <br> Age (Range) <br> 18-80

Birth Place
Non-US born
US born

Ethnicity
Mexican
Mexican American
Caucasian
Hispanic (other)
Missing

No
Yes

Number
305
193 3
(Mean) 31.6

Number 495

6

Number
479
6
2
2
12

Nussiber
475
26

Percent
61.2
38.8
(Std Deviation) 12.0

Percent
98.8
1.2

## Percent

97.9
1.2
0.4
0.4

## Percent

94.8
5.2

# Actual Herbal Use ( $\mathrm{N}=501$ ) 

Number
Use herbal products 323

Do not use herbal products 178
Percent 64.5
35.5

# Total Instances of Herbal Product Use ( $\mathrm{N}=603$ ) 

Number
Percent

Instances associated
with adverse reactions
Instances associated with drug interactions Instances associated with disease state 48
8.0

## Herbeal Productis Used

| Herbal Product | Nusstes | Percent |
| :---: | :---: | :---: |
| Chamomilea | 81 | 13.4 |
| Garlic ${ }^{\text {a,b,c }}$ | 43 | 7.1 |
| Eucalyptus | 43 | 7.1 |
| Linden Tree Flower | 28 | 4.6 |
| Peppermint | 27 | 4.5 |
| Cinnamon | 25 | 4.2 |
| Noni (Morinda) | 24 | 4.0 |
| Rue ${ }^{\text {a }}$ | 23 | 3.8 |
| Aloe Vera | 21 | 3.5 |
| Damiana | 20 | 3.3 |
| Cactus | 20 | 3.3 |
| Orange Tree Flower | 19 | 3.2 |
| Mullein Plant ${ }^{\text {a }}$ | 15 | 2.5 |
| Peyote ${ }^{\text {a }}$ | 14 | 2.3 |
| Palo Azul | 14 | 2.3 |
| Cat's Claw | 14 | 2.3 |
| Lemon | 13 | 2.2 |
| Wormwood ${ }^{\text {a }}$ | 12 | 2.0 |
| Oregano | 12 | 2.0 |
| Chaparrala | 12 | 2.0 |
| Tomato Poultice | 11 | 2.0 |
| Cooking Oil | 10 | 1.7 |
| Oak | 9 | 1.5 |
| Hierba de la V/ibora | 9 | 1,5 |
| Sage | 8 | 1.3 |
| Camphor | 8 | 1.3 |
| Pumpkin Seed | 5 | 0.8 |
| Jimson Weed | 5 | 0.8 |
| Ginkgo Bilobab,c | 5 | 0.8 |
| Hierba de Zorica | 4 | 0.7 |

## Her!oal Products Used

Herbal Product
Rinosan 3
Laurel
Forever
Zorrillo
Valeriana ${ }^{\text {a }}$
Trumpet Flower
Te Bebe
Mahuang
Corn Silk
Zabote Blanco
Yerbanis
Starbien
Sarsaparilla
Rosa de Castilla
Renosan
Reloseleto
Power maker
Pomada de la Vibora
Petalo de Rosas
Omnitrition
Omnilife
Hierba del Zorifllo
Herbalife
Guachichile
Glucosamine ${ }^{\text {a }}$
Flor de Estrella
Fibra Kania
Extra
Ego Plant
Cola de Caballo

Number Percent
0.5
0.5
0.5
0.3
0.3
0.3
0.3
0.3
0.3
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2
0.2

## Hertoal Products Used

| Herbal Product | Number | Percen |
| :--- | :---: | :---: |
| Caballo | 1 | 0.2 |
| Chuchupate | 1 | 0.2 |
| Cardon | 1 | 0.2 |
| Cachano | 1 | 0.2 |
| Cachana | 1 | 0.2 |
| Broncoliptus | 1 | 0.2 |
| Broncolin | 1 | 0.2 |
| Anise | 1 | 0.2 |

a-Herbal products that have been implicated with adverse reactions. b-Herbal products that have been implicated with drug interactions. c-Herbal products that could interact with a disease state.

## Resultis ( $\mathrm{N}=60 \mathrm{j}$ )

Did the product work?
2
1
0
Missing 16
Scale ( $0=$ Did not work $\rightarrow 2=$ Worked very well)
How did you learn
About the product?
Relative
Friend
Advertisement
Publication
CAM Provider
Conv. Provider Missing

Where did you obtain
The product?
Mexico
USA
Own Source
Missing
Number
547
32
3
21

Percent
71.4
17.3
7.8
2.8
8.5
0.2

Percent
91.5
7.3
1.2

10
Number
422
102
46
16
4
1

$$
\begin{aligned}
& \text { Resulis } \\
& (N=601)
\end{aligned}
$$

Informed Physician No Yes

Did it harm you? No
Yes

Number
546
89

Number
632
3

Percent
86.0
14.0

Percent 99.5
0.5

