



THE UNIVERSITY OF TEXAS AT EL PASO™

COUNSELING AND PSYCHOLOGICAL SERVICES

Medical Withdrawal Policy

During one's education, there may be times where a life situation or extenuating circumstance may prevent a student from performing to their abilities. For this reason, the university has provided a means for requesting a medical withdrawal. Medical Withdrawal letters are written in rare instances where students are faced with a serious and unexpected condition that completely precludes them from being able to function as a student. Students need to know that a Medical Withdrawal is for all classes for the semester. If a student is requesting a medical withdrawal from Counseling and Psychological Services, they must meet the following criteria:

- The student must be an ongoing client. CAPS does not provide medical withdrawal letters after a single visit. Students must already be engaged in formal therapy with CAPS prior to requesting a medical withdrawal letter.
- The student must have a formal diagnosis provided by a CAPS counselor that would meet the guidelines for a medical withdrawal.
- The student must have an active treatment plan and had enough time in active therapy so that the counselor can determine progress and response to therapy.
- The student must be or have been in therapy during the semester for which they are requesting the withdrawal.
- The therapist should have enough time working with the student to recognize that their current academic performance does not commensurate with their academic potential.